



**IGNITE CONFIRMATION**

## **Jesus & Ecclesiastes**

### **Small Group Discussion**

*Guides: Ask (some or all of) the following questions, and have each person share their answer in turn – you can have them choose sides of the room so they can move around (or choose extremes or something closer to the middle). When the whole group has shared, have them talk about finding the balance between the two options.*

#### **Would you rather...**

... have only one friend, but everyone else ignores you; or lots of people who like you, but no one who invites you to anything? Why?

... have a different emotional reaction to everything that happens, or have no feelings about anything? Why?

... eat your absolutely favorite food for every meal, or not be able to taste any food at all? Why?

.... do amazing things that no one ever knows about, or boring things that everyone congratulates you for? Why?

... die alone, and have everyone mourn you, or die surrounded by people who don't really love you? Why?



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### Homework

#### Prayer

**Option A:** Take a video of yourself doing all three body prayers we are doing in IGNITE, and share it with your group leader, parent, or Shane.

The Kingdom of God is ahead of you | among you | within you

God's center is everywhere | God's edge is nowhere

Help | Thanks | Wow

Signature: \_\_\_\_\_

**Option B:** Teach the body prayers to your caregivers OR a sibling OR a friend (can be from church, but not 7-8<sup>th</sup> grade IGNITE), and have them sign this paper that they learned them.

Signature: \_\_\_\_\_

**Option C:** Take a video of yourself sitting in silence 90 seconds. The video must have the sound on to make sure you are in silence. Share with your group leader, parent, or Shane.

Signature: \_\_\_\_\_

Bonus 1 hour of church service time to anyone who puts the video on Instagram and tags @wflc\_youth. That also counts as getting a signature.

#### Praise

Use the empty space on this paper to make a list of 18 things (three for each day before next IGNITE) in your life you are thankful God has given you.